

GENERAL NUTRITION CORPORATION

921 Penn Avenue
Pittsburgh, PA 15222
(412) 288-4600

January 20, 1997

Linda S. Kahl, Ph.D.
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, S.W. (HFS-450)
Washington, DC 20204

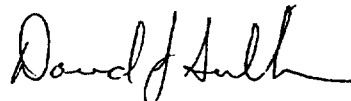
Dear Dr. Kahl:

Pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 ("DSHEA"), General Nutrition Corporation wishes to notify the Food and Drug Administration that it is marketing dietary supplements which bear the following statements of nutritional support:

1. L-Carnitine facilitates the metabolism of long chain fatty acids.
2. Zinc is required for normal reproductive function.
3. Selenium supports the antioxidant activity of Vitamin E which protects against free radicals.
4. Vitamin E is essential for the functioning of red blood cells.
5. Ginkgo Biloba has been shown to increase blood circulation.
6. Acidophilus organisms help maintain a healthy digestive tract.

These statements are accompanied by the required disclaimer indicating that the claim has not been evaluated by the FDA and that the product is not intended to diagnose, treat, cure or prevent any disease.

Sincerely,



David J. Sullivan
Corporate Counsel

975-0162

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